

LCR SUNDAY SCHOOL

Fruit of the Spirit - INTRO

September 27th, 2020

Get Connected: use this time to gather your family in a comfortable spot and start an easy conversation

Here are some conversations to have as a family this week:

- What are your highs and lows today?
- What is your very favorite fruit to eat?
- Did you see any of the Fruit of the Spirit in the people around you today?

Get Educated: use this time to open your bible and find out more about what we are studying

Open to Galatians and read verse 5:22, or if you have a Spark StoryBible in your house, open to page 550 and find the story titled "Fruit of the Spirit". Take turns reading aloud or have one person in the family read to everyone else. Read through the nine Fruits of the Spirit a few times, and make a list of them on a piece of paper or in your bible where everyone can read it.

Get Curious: use this time to dive deeper into the themes we are studying

Here are some conversations to have as a family this week:

- What fruit on this list do you know the most about? Can you name a book or movie or song that talks about this fruit? Make a list as a family of some of the books/movies/songs you can think of that focus on one of these attributes.
- How can being a part of a family help us be better at growing the Fruit of the Spirit? How can being part of a church help us be better at growing the Fruit of the Spirit?

Get with God: use this time to pray together and ask God how He can help you understand the themes we are studying

Ask the members of your family if anyone has any prayer requests, or pray the following together: **Dear Father, thank you for our family, and for the time we get to spend together. Help us remember how to be full of Love, Joy, Peace and Patience. Help us be kind and good. Teach us to be faithful and gentle and to have good self control. We love you and the gifts you have given us. In your name we pray, Amen.**

Get Active: use this time to do an activity together that reflects and reinforces the themes we are studying

Spirit Jars: Pick out a few fruits of the spirit to focus on, and grab enough empty jars for the ones you picked. Decorate the jars with craft supplies and label them. Fill the jars with fruit snacks, and whenever you see someone in the family demonstrating that "fruit", let them pick out a fruit snack from the jar.

Spirit Charades: Take turns acting out each fruit of the spirit like you are playing charades. Use teams for some of the more difficult ones, like self control and act out a scenario. Allow talking if that helps!

Get Out There: use this time to find a way to serve your community as a family

Letters like Paul: have everyone write an encouraging letter (or draw a picture) and send it just like Paul sent his letter to the Galatians. Send them to someone far, or deliver it to someone in your house. You could even call a local care center and see if they are accepting letters for their members!

Fruit for all: Research local food pantries and see if they accept donations of fresh or canned fruit. Drop off actual fruit while showing the Fruit of the Spirit through your kindness!